

# ÉCOLE MOODY MIDDLE SCHOOL OF THE ARTS



Newsletter #5—2015/16

January 2016

## Principally Speaking

We hope that your time over the winter break provided opportunities for celebrations, relaxation and adventures as a family.

2016 is well underway and already Moody is a busy place of activities, opportunities and learning. It has not been a quiet return to school, but instead action filled weeks of learning and experiences in our school community. Ski club begins next week at Seymour with 50 participants, basketball teams at all grade levels are underway, we began our school-wide inquiry for term two, planning with our \$10, 000 ArtStarts grant and artists in the classroom is taking shape, the theatre club began their twice weekly practices for the spring production of The Little Mermaid, Project Change, Chess Club and Friends of Simon tutoring are also happening weekly and that just names a few!

**Looking ahead to March 9<sup>th</sup>** - Please mark this date on your calendars. We will be having a school wide presentation of learning (POL) where each student will be presenting their inquiries related to our water theme. Each student will be involved in this POL event and a parent/guardian will be invited for a specific presentation time. Each student will be able to talk about their learning and share their inquiry journey. To facilitate this event there will be an early dismissal at 1:50 pm on March 9<sup>th</sup>.

January is always a good time for fresh starts, renewed goals and perhaps new strategies for our thriving young adolescents in order to maximize their learning and development. Thank-you for the time you spend talking about school, life and the importance of learning with your child.

Thank you for taking the time to read this newsletter and checking our [website](#) regularly. Parents of grade 8 students, please continue to keep up to date with the transition news to secondary school also on our website in the [Publications](#) section on the homepage. Cross catchment information and Grade 8 tour details are all included in this one location for you.

École Moody Middle School of the Arts continues to be a vibrant, dynamic learning community and our students and staff continue to create a wonderful place to learn in a culture of care.

Mr. Trevor Kolkea,  
Principal

### **ATTENDANCE:**

**To report a student missing or late,  
please call the office at**

**604-461-7384 or email**

**MoodyMiddleSecretary**

**@sd43.bc.ca**

**Please provide the student's name,  
teacher's name or division and the  
reason for the absence.**

**- Thank you!**



Watercolour artwork by Moody Middle Student  
while at Vancouver Art Gallery

## Foundation Skills Assessment

has started at Moody Middle. All of our Pods have started their participation in the FSAs. We will continue this annual assessment for Grade 7's throughout the months of January & February. A copy of the letter explaining the FSAs can also be found on our website under [Moody Middle Publications](#)

**Follow us on Twitter @43moody!** If you don't already follow us on Twitter here are a few posts you have missed:

Welcome to 2016 where we continue to build great, creative learning opportunities for students....and a new school <https://twitter.com/43moody/status/684463404124274688>

Late French Immersion info session underway tonight. Looking forward to growing our LFI program for September 2016. Register starting Jan 15 <https://twitter.com/43moody/status/687112318618996737>

Peter Sklar



### Peter Sklar, Director Ed. M. Harvard University

Peter Sklar, Ed. M. Harvard University, is pleased to be making his Broadway producing debut with his new musical, *The Kid Who Played the Palace*, (Director, Bill Martin, *Broadways The Lieutenant*: five-time Tony nominee).

He is a nationally-known speaker, educator, author, talent scout and producer with three decades of experience discovering and working behind-the-scenes with young performers

### Peter Sklar visiting and speaking — Feb 25<sup>th</sup> — 6:30pm

As a School of the Arts we have been given a special opportunity to host a well-known expert and speaker Peter Sklar. Peter is a New York-based lecturer, educator and talent scout. The founder of Beginnings Workshop, Sklar has lectured throughout North America on child development, education, and the arts

This event is for ages 7 and over. Please see the press release for more information on this event.

**RSVP required 604.461.7384**

[http://www.sd43.bc.ca/middle/moody/Publications/Peter Sklar](http://www.sd43.bc.ca/middle/moody/Publications/Peter%20Sklar)

### Hold and Secure – January 26<sup>th</sup>

As part of our Health and Safety work in SD43, practicing drills for emergency situations is part of our learning and practice. Fire drills, earthquake drills and lockdown drills are examples of the procedures we engage in throughout our schools. Previously known as a Code Yellow Lockdown, the newly named **Hold and Secure** procedure is practiced annually. Hold and Secure is a procedure which allows the school to continue with the normal school day, but forbids outside activity and unnecessary room-to-room transit. No unauthorized personnel are to enter the building. Hold and Secure is most commonly used when an incident is occurring outside the school building, on or off school property, and there is no immediate or active threat. A Hold and Secure may be initiated by the Police or by School Administrators. We will be having our drill next week on January 26<sup>th</sup> in the morning. Our liaison office Rob DeGoey will be on site to help evaluate our drill.

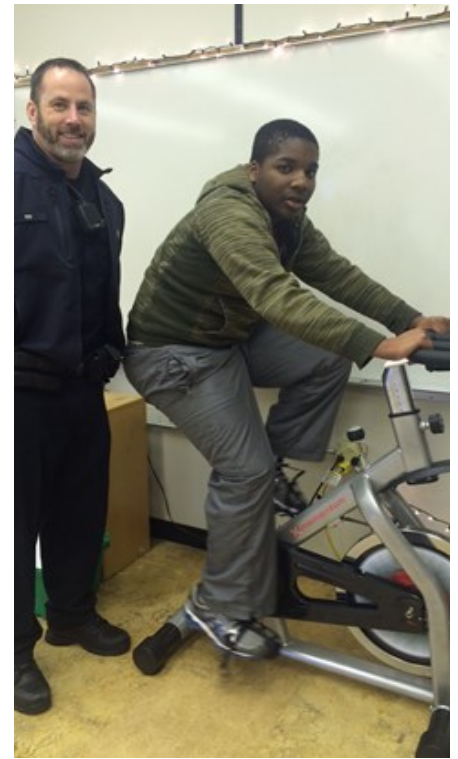
## Self-Regulation and a New Ride

Self-Regulation is a lens not a trend that looks at one's ability to manage their own energy states, including emotions, behaviours and attention in ways that are socially acceptable. We all have strategies as adults that we have developed over time for working through difficult and challenging situations. Grabbing a coffee and morning shower are two strategies adults may use to help with alertness. Turning down lights and listening to soft music may be strategies for calming down.

In essence, there's no sense in trying to get a student to take in information if they aren't in a calm and alert state. Think of a time when you were rattled by either a car accident or close call catching a flight. If we were to ask you to render your full energy and attention to learning something new you would need to call on some strategies to work through in the moment. Students in middle school have a lot to contend with: social pressures, lack of sleep, brain changes, learning a new skill etc.

Our job as educators is to help students develop core competencies in communication, personal and cultural identity and creative and critical thinking. "...Self-regulatory skills equip students with a more positive view towards their futures, empower them to manage their social behavior, and support the development of lifelong learning skills"-Peters, et al. (2013)

Rob DeGoey our Police Liaison Officer is a member of our staff at EMMSOTA. He understands the needs of our students and positively impacts our school community regularly. We feel very fortunate to be able to work with Rob and feel highly supported by him and the rest of the team at the Port Moody Police. Together we are creating a positive community connection for students to experience. This week Rob has added to our school with financial support from his department to purchase a stationary bike for our Learning Support Centre. We are so grateful for the support from Port Moody Police and we look forward to seeing Efosa enjoying the benefits of this donation.



**New bike for our Learning Support Centre – donated by Port Moody Police**

## MOODY MIDDLE IS...



**Construction:** In case you haven't visited our Construction Update button on our website, just click:

[Construction Updates](#) here.



**View from today...  
Excavators still busy this week**

## Vancouver Art Gallery Field Trips



## Vancouver Art Gallery (VAG) visits

This week we had exciting visits to the Vancouver Art Gallery for Div.3, 6 and 9.

Students had the opportunity to partake in a guided tour of the Embracing Canada exhibition which displayed paintings from over 100 years ago. After the workshop, students painted watercolour landscapes. They were able to experiment with different media; water colour paper, water colour pencils and pastels. In the spring, all classes will have a chance to visit VAG. Keep posted for our upcoming dates!

Ms. Chan, Art Teacher

### Div. 9 Comments from our Fieldtrip to the Vancouver Art Gallery

- “I liked the architecture of the Art Gallery building especially the spiral staircase, I am so sad to learn they are moving the location of it.”
- “It was exciting to learn about Canada’s Art history and the contracts between old and new world art!”  
“I really liked the exhibit outside that featured trucks and vans molded together to make one vehicle.”
- “I really liked seeing the model for the new Art Gallery building, it will be made of wood, ecofriendly and more modern than the current building.”
- “During the workshop, after our tour, I enjoyed learning different water colour techniques and making my own version of an art piece I saw in the museum.”
- “Sadly 2 floors of the Art Gallery was under construction, but on the 4<sup>th</sup> floor we saw a display of Aboriginal art that was unique and very interesting. I wish I had more time to observe it.”
- ”It was interesting to see and learn that Robson Square and the Law Court buildings were designed by the same architect as the Art Gallery.”

Watercolour artwork  
by  
Moody Middle students @ VAG



## Yearbooks

Yearbooks are still on sale for the early bird price of \$30 — **order by Jan 31, 2016** to receive the early bird price!

### 2014-15 Yearbooks still available...

If you missed out on purchasing one of our yearbooks last year, there's still time to pick one up at a reduced cost. Our remaining yearbooks are now *only \$10*

## Gifted Program

Our gifted education teacher, Mrs. Andersen, would like to direct the families of our gifted students to check out her website on our school website to stay informed about all things gifted within our school, our community and beyond. Each month she will post a newsletter detailing notices of events, articles and topics of interest to those of you with gifted children. If you ever have something you would like to share or post on the subject, please feel free to contact her at [pandersen@sd43.bc.ca](mailto:pandersen@sd43.bc.ca)



Plastic bottle cap art project by Project Change

## Counselor / Youth Worker Corner

Happy New Year!

We hope all Moody families had a fun and restful winter break.

As we head into the New Year, there are many dates on our calendar that Grade 8 parents need to note in relation to the transition to high school in September. Ms. Armstrong and Mr. Kolkea have met with the Grade 8 students twice to discuss the transition process and to ensure that students are aware of their catchment schools. Students have taken home two notices to share with their parents; if you have any questions after having read the information, please feel free to contact Ms. Armstrong. The Grade 8 secondary school tours are happening on Thursday, January 28th. Students are expected to go to the tour of their catchment school and transportation to the following schools must be arranged by parents: Charles Best, Terry Fox, Pinetree, Gleneagle, and Centennial. Heritage Woods students will only need a ride home at 2:30.

All Grade 8 Transition/Articulation information is published on our website under Publications, in the folder called Moving to Secondary School.

Ms. Armstrong will continue to run groups and we will have another Go Girls session starting in April, more information to follow. If you have any questions or concerns about your child's social-emotional development, please feel free to contact us. If you are interested in learning more about teen mental health, please explore the link below to learn about some resources available to you. <http://teenmentalhealth.org/for-families-and-teens/links-for-parents-and-teens/>

**M. Armstrong** [marmstrong@sd43.bc.ca](mailto:marmstrong@sd43.bc.ca)

### Youth Lounge

Chess club meets every Monday after school from 2:50-3:50, except the first Monday of the month. Students have all skill levels, and we welcome new students anytime.

Project Change is a group of students passionate about making a difference in our environment. We meet Thursdays after school. We are in our final stage of completing our plastic cap art piece. We have begun planning some gardening projects. We will be growing plants with our indoor greenhouse. We are learning about hydroponics and plan on trying that out. As well we are repurposing old desks into planters. The Moody market is every second Friday. We are always appreciative of donations – anything youth might enjoy, such as gently used clothing, accessories, books, games, or stationery items.

For more information contact **Christine Mclellan**, [cmclellan@sd43.bc.ca](mailto:cmclellan@sd43.bc.ca)

## PAC Contacts

2015-2016

**PAC Executive:**

**Chair :**

**Jen Peltier**

[jennifer.m.peltier](mailto:jennifer.m.peltier@gmail.com)

[@gmail.com](mailto:jennifer.m.peltier@gmail.com)

**Treasurer:**

**Tina Muma**

[tina\\_muma](mailto:tina_muma@hotmail.com)

[@hotmail.com](mailto:tina_muma@hotmail.com)

**Secretary:**

**Colette Brown**

**DPAC:**

**Connie Caldwell**

## School-wide Coral Reef Crochet project

Our school will soon be working on a school-wide project, creating a crocheted coral reef. Students will learn how to crochet and their individual pieces will fill the foyer of the school as one large coral reef.

Donations of yarn are much appreciated.

If any parents would like to volunteer to help teach crochet skills, during the day, please contact Mrs. Reichert

[MReichert@sd43.bc.ca](mailto:MReichert@sd43.bc.ca)

## PAC News & Events

### Book Fair:

École Moody Middle will be hosting a Scholastic Book Fair February 29 to March 4 with an additional day on Wednesday March 9. The hours will be as follows:

Monday Feb 29- Noon hour

Tuesday March 1- 8:00-8:30am

Wednesday March 2- Noon and 3:00-3:30pm

Thursday March 3- 8:00-8:30 and Noon hour

Friday March 4- Noon hour

Wednesday March 9- 1:45-4:00pm

### Upcoming PAC meeting dates—7pm in the Library:

Monday February 29

Monday April 4

Monday May 9 (Elections Only)

Monday June 13

All parents are welcome at the meetings, which take place in the school library at 7pm. If you require a babysitter for younger children please contact Jen at [jennifer.m.peltier@gmail.com](mailto:jennifer.m.peltier@gmail.com)

### Movie Night:

Moody PAC is pleased to be presenting it's second movie night, **ANT MAN**. We welcome everyone to join us on **Thursday February 18** (Friday is a Pro-D day). Doors will open at 6:30, movie will start at 7:00pm. Admission is \$4 and a concession will be offered. This is a family friendly event, so bring your whole family and enjoy it together! We look forward to seeing you there.

**Snack Day: Friday January 29** at noon hour. The menu will include:

Treats such as Quinoa Pops and more	\$ .50-1.50
Drinks	\$1-2.00
Fruit	\$1.00

**Meal Day: Friday February 12** at noon hour. The menu will be similar to the above with the addition of:

Hot Dogs	\$2.00
Hamburger	\$3.00
Special Valentine Treats	\$1-\$2

### Upcoming Events/Notices to watch for are:

**Raffle Basket Donations:** Please watch for the spring fair raffle basket donation notice to come home. Please keep in mind if you have any actual baskets to donate, that would be greatly appreciated. The raffle baskets will be raffled off at the spring play.

**Staff Appreciation Notice:** Will be sent home at the same time as the raffle basket notice. These notices will be sent home after Spring Break.

## Important Notices

Please see an important announcement regarding 2 Additional Non-Instructional Days added to this year's calendar.

<http://www.sd43.bc.ca/middle/moody/Pages/publications.aspx>

### Winter Weather Notice:

<http://www.sd43.bc.ca/middle/moody/Publications/WinterWeatherNotice>

## Contact us:

Email:

[MoodyMiddleSecretary@sd43.bc.ca](mailto:MoodyMiddleSecretary@sd43.bc.ca)

**École Moody Middle School of the Arts**

3115 St. Johns Street  
Port Moody BC  
V3H 2C6

(604) 461-7384

Twitter [@43moody](https://twitter.com/@43moody)

Visit us on the web at [www.moodymiddle.ca](http://www.moodymiddle.ca)

## Community Corner

We have many community related activities posted on our website. Check for the latest information on art programs, sport programs, community classes, athletic clubs, community news, Parks & Recreation activities, and more...

<http://www.sd43.bc.ca/middle/moody/Pages/publications.aspx>



### *IMPORTANT DATES:*

Please see all our upcoming important dates on our website calendar—the next page includes our most current events

<http://Moody Middle Calendar>

**École Moody Middle School of the Arts**

3115 St. Johns Street  
Port Moody, BC V3H 2C6  
604-461-7384

<http://www.sd43.bc.ca/middle/moody/Pages/default.aspx>



# École Moody Middle School of the Arts upcoming IMPORTANT DATES...

## January

Every Friday is Spirit Wear day—students are encouraged to wear any ‘Moody Middle Wear’ - spot prizes are given out each Friday!

- Fri Jan 22—Div. 2 Field Trips to Vancouver Art Gallery
- Fri Jan 22—Maple Man presentation—all divisions
- Sat Jan 23—08:30-1:30—PMSS IB intake assessment
- Tues Jan 26—09:00—Hold & Secure Drill
- Tues Jan 26—Ski & Snowboard Club 1st trip to Mt. Seymour (Jan 26, Feb 2,16,23)
- Thurs Jan 28—12:00-2:50—Grade 8 tours at Catchment schools
- Thurs Jan 28—Sr. Band trip to PMSS 09:30-12:30
- Fri Jan 29—PAC Treat Day

## February

- Mon Feb 1—EAL students @ Art presentation
- Tues Feb 2—Ski & Snowboard Club
- Wed Feb 3—Div. 2 Field Trip Snowshoeing trip @ Mt. Seymour
- Thur Feb 4—National Sweater Day (wear your favorite sweater to support environmental stewardship)
- Thur Feb 4—Wrestling Mini Meet @ SFU
- Fri Feb 5—Cross Catchment begins @ 09:00 (paper and online)
- Mon Feb 8—Schools not in session
- Tues Feb 9—Schools not in session
- Wed Feb 10—Gr 8—Secondary Counselors visit @ Moody Middle
- Fri Feb 12—PAC Treat Day
- Tues Feb 16—Ski & Snowboard Club
- Wed Feb 17—FSA End date
- Wed Feb 17—Cross catchment closes
- Thursday Feb 18—Newsletter #6
- Fri Feb 19—ProD—schools not in session
- Tues Feb 23—Ski & Snowboard club
- Thurs Feb 25—Wrestling District meet @ SFU